

LAKE SHORE KITCHEN

10th - 14th June 2019

Menu subject to availability & change

Monday

Breakfast

Sausage or Bacon Sandwich
£2.75

Bacon or Sausage Muffin
£2.75

Porridge with selective toppings

Lunch

Freshly Made Cream of Onion
£2.50

Peruvian spiced roast chicken wrap with salsa criolla served with skinny fries
£5.15

Chick pea Falafel wrap with Salsa Criolla served with skinny fries
£4.45

Sides

Skinny fries £1.35
Loaded corn on the cob 80p
Peruvian Slaw 80p

Healthy Eating

Turkey Escalope with Sauce Vierge, new potatoes & green beans
£5.15

Hot Jacket filling
Beef Bolognese
£3.85

Lamb & Mint Pasty
£3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie Ham & Cheese £3.00
Cheese & Tomato £2.70

Salad Bar

Today's Salad Table
£3.35 / £4.45

Tuesday

Breakfast

Sausage or Bacon Sandwich
£2.75

Bacon or Sausage Muffin
£2.75

Porridge with selective toppings

Lunch

Freshly Made Sweet Potato, Butternut Squash & chilli Soup
£2.50

Bacon & avocado chicken burger served in a brioche bun with potato wedges
£5.15

Spicy Bean, houmous & mint yoghurt burger served in a brioche bun with potato wedges
£4.45

Sides

Potato wedges £1.35
Onion rings 80p

Healthy Eating

Tandoori spiced fillet of Haddock served with Jewelled rice
£5.15

Hot Jacket Filling
Beef Bolognese
£3.85

Lamb & Mint Pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie Mushroom & Emmental
£3.00
Chicken & Chorizo £3.50

Salad Bar

Today's Salad Table
£3.35 / £4.45

Wednesday

Breakfast

Sausage or Bacon Sandwich
£2.75

Bacon or Sausage Muffin
£2.75

Porridge with selective toppings

Lunch

Freshly Made Pea, Herb & Watercress Soup
£2.50

Roast Half Chicken Served with roast potatoes, gravy & a choice of one vegetable
£5.15

Broccoli & Stilton Tart served with roast potatoes, a choice of one vegetable & gravy
£4.45

Sides

Roast Potatoes £1.35
Vegetable portion 80p

Healthy Eating

Moroccan Orange Roasted chicken with spiced vegetables & coriander cous cous
£5.15

Hot Jacket Filling
Butternut squash curry
£3.85

Lamb & Mint Pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie Ham & Cheese £3.00
Cheese & Tomato £2.70

Salad Bar

Today's Salad Table
£3.35 / £4.45

Thursday

Breakfast

Sausage or Bacon Sandwich
£2.75

Bacon or Sausage Muffin
£2.75

Porridge with selective toppings

Lunch

Freshly Made Cream of Tomato Soup
£2.50

Chicken Balti served with Pilau Rice Mango Chutney Poppadum
£5.15

Paneer Tikka Masala served with Pilau Rice Mango Chutney Poppadum
£4.25

Sides

Pilau Rice £1.385
Garlic & Coriander Naan Bread 80p
Vegetable Samosa 80p

Healthy Eating

Tuna & Beetroot Nicoise Green Bean Herb Tomato Egg & Sourdough Salad
£5.15

Hot Jacket Filling
Chicken & Mushroom sauce
£3.85

Lamb & Mint Pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie Mushroom & Emmental
£3.00
Chicken & Chorizo £3.50

Salad Bar

Today's Salad Table
£3.35 / £4.45

Friday

Breakfast

Sausage or Bacon Sandwich
£2.75

6 Item Full English Breakfast
£4.65

Choose from:
Bacon, Sausage, Egg, Mushrooms, Beans, Hash brown, Grilled tomato

Lunch

Freshly Made Cream of Vegetable Soup
£2.50

Plain Battered Haddock or breaded scampi served with Chips & Garden Peas
£5.15

Proper Cornish Cheese & Onion Pasty served with Chips
£4.45

Sides

Crisp Chips £1.35
Garden Peas 80p

Healthy Eating

Pepperpot Quorn served with sweet potato mash
£4.45

Hot Jacket Filling
Chicken & Mushroom sauce
£3.85

Lamb & Mint Pasty
£3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie Ham & Cheese £3.00
Cheese & Tomato £2.70

Salad Bar

Today's Salad Table
£3.35 / £4.45