

# LAKE SHORE KITCHEN

13<sup>th</sup> – 17<sup>th</sup> May 2019

Menu subject to availability & change

## Monday

### Breakfast

Sausage or Bacon Sandwich  
£2.60

Bacon or Sausage Muffin  
£2.60

Porridge with selective toppings

### Lunch

Freshly Made Cream of Onion  
£2.50

Pollo A La Brasa served with skinny fries  
£4.95

Chick pea Falafels with Salsa Criolla (onion, tomato & cucumber) served with skinny fries  
£4.25

#### Sides

Chips £1.30

Loaded corn on the cob

75p

Peruvian Slaw 75p

#### Healthy Eating

Turkey Escalope with Sauce Vierge, new potatoes & green beans  
£4.25

Hot Jacket filling  
Beef Bolognese  
£3.70

Lamb & Mint Pasty  
£3.00

Chorizo roll £2.30

### Deli Bar

Topped Toastie Ham & Cheese £3.00  
Cheese & Tomato £2.70

### Salad Bar

Today's Salad Table  
£3.20 / £4.20

## Tuesday

### Breakfast

Sausage or Bacon Sandwich  
£2.60

Bacon or Sausage Muffin  
£2.60

Porridge with selective toppings

### Lunch

Freshly Made Sweet Potato, Butternut Squash & chilli Soup  
£2.50

Chicken Chimichanga served with Mexican rice  
£4.95

Corn & refried Bean Chimichanga served with Mexican rice  
£4.25

#### Sides

Chips £1.30

Tortilla Chips & Red sauce £1.30

#### Healthy Eating

Tandoori spiced fillet of Haddock served with Jewelled rice  
£4.95

Hot Jacket Filling  
Beef Bolognese  
£3.70

Lamb & Mint Pasty £3.00  
Chorizo roll £2.30

### Deli Bar

Topped Toastie Mushroom & Emmental  
£3.00  
Chicken & Chorizo £3.50

### Salad Bar

Today's Salad Table  
£3.20 / £4.20

## Wednesday

### Breakfast

Sausage or Bacon Sandwich  
£2.60

Bacon or Sausage Muffin  
£2.60

Porridge with selective toppings

### Lunch

Freshly Made Pea, Herb & Watercress Soup  
£2.50

**BBQ**  
Beef burger or marinated chicken breast served in a bun with onions, cheese slice, chips & coleslaw  
£5.00

Spiced Halloumi Skewer served with chips, onions, cheese slice & coleslaw  
£5.00

#### Sides

Chips £1.30

Coleslaw 75p

#### Healthy Eating

Moroccan Orange Roasted chicken with spiced vegetables & coriander cous cous  
£4.95

Hot Jacket Filling  
Beef Bolognese  
£3.70

Lamb & Mint Pasty £3.00  
Chorizo roll £2.30

### Deli Bar

Topped Toastie Ham & Cheese £3.00  
Cheese & Tomato £2.70

### Salad Bar

Today's Salad Table  
£3.20 / £4.20

## Thursday

### Breakfast

Sausage or Bacon Sandwich  
£2.60

Bacon or Sausage Muffin  
£2.60

Porridge with selective toppings

### Lunch

Freshly Made Cream of Tomato Soup  
£2.50

Chicken Balti served with Pilau Rice  
Mango Chutney  
Poppadum  
£4.95

Paneer Tikka Masala served with Pilau Rice  
Mango Chutney  
Poppadum  
£4.25

#### Sides

Pilau Rice £1.30

Garlic & Coriander Naan Bread 75p

Vegetable Samosa 75p

#### Healthy Eating

Tuna & Beetroot Nicoise  
Green Bean Herb Tomato  
Egg & Sourdough Salad  
£4.95

Hot Jacket Filling  
Chicken & Mushroom sauce  
£3.70

Lamb & Mint Pasty £3.00  
Chorizo roll £2.30

### Deli Bar

Topped Toastie Mushroom & Emmental  
£3.00  
Chicken & Chorizo £3.50

### Salad Bar

Today's Salad Table  
£3.20 / £4.20

## Friday

### Breakfast

Yoghurt Pot  
From £1.61

6 Item Full English Breakfast  
£4.42

Choose from:  
Bacon, Sausage, Egg, Mushrooms, Beans, Hash brown, Grilled tomato

### Lunch

Freshly Made Cream of Vegetable Soup  
£2.50

Plain Battered Haddock  
Chips  
Garden Peas  
£4.95

Vegetarian Hot Dog served with Chips  
£4.25

#### Sides

Crisp Chips £1.30

Garden Peas 75p

#### Healthy Eating

Pepperpot Quorn served with sweet potato mash  
£4.95

Hot Jacket Filling  
Chicken & Mushroom sauce  
£3.70

Lamb & Mint Pasty  
£3.00  
Chorizo roll £2.30

### Deli Bar

Topped Toastie Ham & Cheese £3.00  
Cheese & Tomato £2.70

### Salad Bar

Today's Salad Table  
£3.20 / £4.20