

LAKE SHORE KITCHEN

18th – 22nd March 2019

Menu subject to availability & change

Monday

Breakfast

Sausage or Bacon
Sandwich
£2.60

Bacon or Sausage
Muffin
£2.60

Porridge with
selective toppings

Lunch

Freshly Made
Carrot & Coriander
Soup
£2.50

Pollo A La Brasa
(quarter chicken) served
with butter bean & corn
salad & skinny fries
£4.95

Chick pea Falafels with
Salsa Criolla (onion,
tomato & cucumber)
served with skinny fries
£4.25

Sides
Fries £1.30

Healthy Eating

Goats Cheese & Lemon
Rissotto
£4.95

Hot Jacket filling
Jacket Potato served with
Beef Bolognese
£3.70

Lamb & mint pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie
Mushroom & Emmental
& Cheese £3.00
Chicken & Chorizo £3.50

Salad Bar

Today's Salad Table
£3.20 / £4.20

Tuesday

Breakfast

Sausage or Bacon
Sandwich
£2.60

Bacon or Sausage
Muffin
£2.60

Porridge with
selective toppings

Lunch

Freshly Made
Minestrone Soup
£2.50

Spicy Beef meatballs with
spicy salsa sauce served
with Mexican rice, sour
cream & guacamole
£4.95

Quorn meatballs with
spicy salsa sauce served
with Mexican rice
£4.25

Sides
Mexican rice £1.30

Healthy Eating

Grilled Mint & Lemon
Pork escalope served with
green bean & potato salad
£4.95

Hot Jacket Filling
Jacket Potato served with
Beef Bolognese
£3.70

Lamb & mint pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie
Ham & Cheese £3.00
Cheese & Tomato £2.70

Salad Bar

Today's Salad Table
£3.20 / £4.20

Wednesday

Breakfast

Sausage or Bacon
Sandwich
£2.60

Bacon or Sausage
Muffin
£2.60

Porridge with
selective toppings

Lunch

Freshly Made
Leek & Potato Soup
£2.50

Shepherds Pie served with
Glazed carrots & garden peas
£4.95

Vegetarian Shepherds Pie
served with
Glazed Carrots & garden
peas

£4.25

Sides
Garden peas 75p
Fresh Baton Carrots 75p

Healthy Eating

Vegetable & Chickpea
Tagine served with wholemeal
pitta bread
£4.25

Hot Jacket Filling
Jacket Potato served with
Beef Bolognese
£3.70

Lamb & mint pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie
Mushroom & Emmental &
Cheese £3.00
Chicken & Chorizo £3.50

Salad Bar

Today's Salad Table
£3.20 / £4.20

Thursday

Breakfast

Sausage or Bacon
Sandwich
£2.60

Bacon or Sausage
Muffin
£2.60

Porridge with
selective toppings

Lunch

Freshly Made
Cream of Tomato
Soup
£2.50

Beef Madras served with
Pilau Rice
Mango Chutney
Poppadum
£4.95

Quorn Korma served with
Pilau Rice
Mango Chutney
Poppadum
£4.25

Sides
Pilau Rice £1.30
Garlic & Coriander Naan
Bread 75p
Vegetable Samosa 75p

Healthy Eating

Vegetable & Bean Chilli
served with brown rice
£4.25

Hot Jacket Filling
Jacket Potato served with
Beef Bolognese
£3.70

Lamb & mint pasty £3.00
Chorizo roll £2.30

Deli Bar

Topped Toastie
Ham & Cheese £3.00
Cheese & Tomato £2.70

Salad Bar

Today's Salad Table
£3.20 / £4.20

Friday

GOOD FRIDAY

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